

## Personal development plan form

Complete this form with each activity you plan to undertake during the year. This will be agreed by your appraiser and signed off as completed at your next appraisal. You can adapt this plan during the year if circumstances change but you should keep the original version for discussion at the next appraisal.

<b>Need</b>	<b>Activity</b>	<b>Timescale</b>	<b>Evidence</b>	<b>Outcome</b>	<b>Completed</b>
What learning need have you identified for your development plan? How did you identify this need?	What activities, practical or educational, will you undertake? What resources will you need?	How urgent is this need? When do you expect to achieve your goal?	How will you know that you have achieved your goal? What evidence will you need?	How will your practice change as a result of this activity? What, if any, further learning need have you identified?	Agreement from your appraiser at the next appraisal that you have satisfactorily met this need.
<i>General Medical Knowledge</i>	<i>Attend post-graduate meetings. Structured reading. Update education packages.</i>	<i>Urgent 1 year.</i>	<i>Case studies. More confidence with more knowledge.</i>	<i>Fewer complaints. More confidence in treating patients. Fewer referrals.</i>	
<i>Rheumatology</i>	<i>Possible attend out-patients. Update in Rheumatology education package.</i>	<i>Soon , 1 year</i>	<i>Will ask colleagues Possible feedback from consultant on referrals. Audits on rheumatology cases.</i>	<i>Will do more</i>	
<i>MRCGP</i>	<i>Personal reading. MRCGP preparation course</i>	<i>1-2 years.</i>	<i>Exam pass</i>	<i>Improved patient care. Self-development as person and doctor.</i>	